



# **TIKA RAM GIRLS COLLEGE SONEPAT**

## **REPORT OF REGULAR ACTIVITIES OF N.S.S.(UNIT-I&II)**

(Session :2021-22)

N.S.S.PROGRAMME OFFICERS:-

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**"NOT ME BUT YOU"**

DETAIL OF ACTIVITIES UNDER NSS CELL

S.No	Date	Activity	Purpose/Objective	No.of Teachers Involved	No.of Students Participated
1	14.9.2021	Aayush yoga programme was organized during poshan mahaabhiyan	To aware the volunteers about health and hygiene	2	200
2	24.9.2021		To include the feeling of social responsibility		
3	24 9 2021	Tree plantation	To aware the volunteers about environment		
4	1-10-2021		To educate the volunteers about Gandi ji principals Satya and Ahinsa		
5	25 oct 2021 to 31-10 2021		To aware the volunteer about social responsibility skill of communication and collaboration professionalism which are helpful in their professional life		
6	19-11-2021	Awareness rally on pollution control	To motivate the general public to stop pollution and to make them aware the harms caused by pollution		
7	25-1-2022	Organized a pledge campaign	To save the water from being polluted		
8	5-2-2022 to 11-2-2022	Organized a seven day camp at Mehiana Govt school	To inculcate noble human and social values in the youth so that a healthy society could be created		
9	14-3-2022	Yoga and meditation	To prepare the volunteers physically and mentally for the integration of their physical mental and spiritual faculties so that the students become most healthier members of the nation		
10	21-6-2022	Yoga day was celebrated	To bring about awareness about health benefits to yoga and its several practices		