



# **TIKA RAM GIRLS COLLEGE SONEPAT**

## **REPORT OF REGULAR ACTIVITES OF N.S.S(UNIT-I&II)**

(Session :2020-21)

N.S.S.PROGRAMME OFFICERS:-  
UNIT-I MRS DR.SAVITA(9812381056)  
(email-savitaberi22@gmail)  
UNIT-II DR.UPASANA (9467059995)  
(email-Upasnadahiya009@gmail)

**“NOT ME BUT YOU”**

DETAIL OF ACTIVITES UNDER NSS CELL

S.No	Date	Activity	Purpose/Objective	No.of Teachers Involved	No.of Students Participated
1	13.9.2020	Aayush yoga programme was organized during poshan mahaabhiyan	To aware the volunteers about health and hygiene	2	200
2	30.9.2020		To include the feeling of social responsibility		
3	20. 9 .2020	Tree plantation	To aware the volunteers about environment		
4	5-10-2020		To educate the volunteers about Gandi ji principals Satya and Ahinsa		
5	20 Oct 2020 to 26-10 2020		To aware the volunteer about social responsibility skill of communication and collaboration professionalism which are helpful in their professional life		
6	24-11-2020	Awareness rally on pollution control	To motivate the general public to stop pollution and to make them aware the harms caused by pollution		
7	20-1-2021	Organized a pledge campaign	To save the water from being polluted		
8	11-2-2022to17-2-2020	Organized a seven day camp at Mehlana Govt school	To inculcate noble human and social values in the youth so that a healthy society could be created		
9	29-3-2020	Yoga and meditation	To prepare the volunteers physically and mentally for the integration of their physical mental and spiritual faculties so that the students become most healthier members of the nation		
10	10-6-2020	Yoga day was celebrated	To bring about awareness about health benefits to yoga and its several practices		

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1	25-6-2020	National voters day celebrated	To encourage the young voters to take part in political process	2	200
2	30-1-2020	NSS one day camp was organized ;Rangoli ,poster making competition was organized	To poster the spirit of brotherhood and comradeship among the students	2	200
3	15-2-2020	National deworming day celebrated Albandazole tablets were distributed to the students	*to deworm the students between the age of 1-19 *to improve their overall health nutritional status ,access to education and quality of life	2	200
4	19-2-2020 to 29-2-2020	Sharam dan celebration in college	To develop the skills as self-management and social skills to inculcate the importance of labour	2	200
5	10-3-2020 to 18-3-2020	Seven day camp was organized at Mehlana govt. high school	To inculcate the spirit of selfless service and voluntary work among the volunteer	2	200
6	9-1-2020	Corona virus awareness rally was organized	To ensure the safety of students both at home and public places	2	200
7	15-1-2020	National voters day was celebrated	To encourage the young voters to take part in political process	2	200
8	21-1-2020	NSS one day was organized and a lecture was organized on HIV/AIDS	To enhance the sense of social and civic responsibility	2	200
9	11-2-2021to 17-2-2020	Seven day camp was organised	*to identify the needs and problem of the community and involve them in the solution if	2	200

			<p>problem</p> <p>*To inculcate the sense of national integration and social Harmony among the volunteers</p>		
10	17-2-2020	One day camp was organized on the occasion of Ravidas Jayanti	<p>To make the NSS volunteer aware of the rich cultural diversity of India *infuse the sense of love towards the various regions of India</p>	2	200