

Women cell

Women Empowerment and Gender Equality are the most important requirements for the upliftment and progress of our nation. In the effort to make Tika Ram Girls College a strong kernel of gender sensitization, the Women Development Cell (WDC) was constituted in 2016, under the able convenorship of Dr. Anita Singh. The Cell has both the faculty and students of the College as its members and works with an aim to create a gender sensitized community within campus as well as in the society. It has been organising varied academic, technical, medical, cultural and social events for the upliftment of women and spread the real importance of gender equality in the society through college students.

Objectives:

- Living in a patriarchal society with deep rooted and socio-cultural value of male superiority, the objective of the Cell is to help build an egalitarian society.
- Helping female students live a balanced life where they neither lurk into depression nor take the abode of aggression.
- To stress upon the development of women in every sphere.
- To organize events and activities for women empowerment.
- To create an environment that will help women realize their full potential and give their best

Vision:

- Moulding and enlightening the young minds and pave their way to grow into balanced and better human beings.

Mission:

- To encourage female students to be self-reliant and economically independent.
- To instil positive self-esteem and confidence in the female students so that they can take the right decision in and for their lives.
- Spreading awareness among the students about the social, legal and constitutional rights of women in order to prevent the exploitation based on gender.
- Making females cognizant about different kinds of violence: sexual, physical and mental and to further equip them with the knowledge and strength to fight against them.
- Creating awareness about the need of gender equality.
- Providing equal career opportunities to all the genders.
- Eliminating deep rooted beliefs of gender bias and discrimination.

Activities from July 2018 to 2019:

1.Feb 28th,2018 : One day national seminar was organized on the topic: Women Rights Awareness: Emerging Trends was organised to enlighten students on the rights of women and the importance of men in understanding them.



2. **March 8th,2018: Seminar on Women Empowerment is organized for women to control and benefit from resources, assets, and income. It also aids the ability to manage risk and improve women's well-being**



3. May 12,2018: One day seminar was organized on the occasion of Mother's Day on gender and law with the objective of increasing awareness about myths and taboos.

4. July 30th,2018: An extension lecture on" Women Empowerment".

5. August 29th,2018: Oth taking ceremony on "Exploitation and Sexual Harassment of women"

Activities from 2019 to 2020:

1.March 8th,2019: International Women's Day was celebrated.

2. March 18,2019: one day seminar was organized on the topic "Women Empowerment"

3.March 6,2020 :Awareness program was organized on the topic "corona virus: prevention and protection"

4. March 8th,2020: International Women's Day was celebrated.



From 2020-2021

1. November 19, 2021: rally was organized on topic "BETI BACHAO BETI PADHAO"

2. October 20th, 2021: Camp was organized for free health checkup



3. November 26, 2021: A Rally was organized on topic “SAVE GIRL CHILD”.

Activities from 2021 to 2022:

1. May 7, 2022: Self-defence Camp was organized by Women Cell .



2. May 12, 2022: Extension lecture on Women Empowerment

3. October 11, 2022: college competition was organized by Women cell on the topic Education, Nutrition and Legal Rights.

Activities from 2022 to 2023:

1. February 9, 2023: cancer awareness programme was organized.



2. March 8, 2023: International Women’s Day was celebrated.

Activities from 2023 to 2024:

- 1. October 11, 2023: Rally on “BETI BACHAO BETI PADHAO”**
- 2. August 14, 2023: Festival of TEEJ was celebrated.**



- 3. March 7, 2024: Intercollege Poster making Speech competition was organized.**
- 4. January 24, 2024: Intercollege Poster making competition was organized on the occasion of International Girls child day.**



Future Plans:

- To help battling examination stress, the Cell is planning to provide medical facilities like counselling sessions and psychologist visits in the college.
- The Cell is working hard for the creche facility, which would be provided to teachers where they can leave their kids in the day care facility without having to worry about them.
- A meditation Centre will be established to deal with the everyday stress and anxieties of the female students.
- For a healthy and fit life, yoga camps and aerobics classes will also be organized by the Cell.
- To spread the importance and ways for women empowerment and gender equality various talks, workshops and events will be organized. These programmes will also provide a platform to female students to understand their unexplored skills and talents.
- To start a short term course on gender and law with the objective of increasing awareness about myths and taboos